

# Guidelines of Application for Master's Program in Public Health

Graduate School of Comprehensive Human Sciences,  
University of Tsukuba



## NUMBER OF STUDENTS TO BE ADMITTED

Limited

## Applicant Eligibility

International applicants living abroad (including applicants formerly lived abroad and Japanese applicants living abroad)

## QUALIFICATION OF APPLICANTS

The qualification for the admission includes at least one of the followings:

- (1) 4-year College Degree Holder.
- (2) Persons who have completed 16 years of school education outside Japan.
- (3) Persons who have been qualified through our admission screening and was judged to have accomplished equivalent to 4-year College degree. The applicant must be 22 years or older before enrollment to the program.\*

\* The degree qualification will be examined individually.

## PROFICIENCY IN ENGLISH

It is necessary for applicant to demonstrate an adequate command of the English language to benefit from studies at this University. All applicants, if their first language is not English or if their studies at university have not been conducted solely in English, must demonstrate English language proficiency by taking the Test of English as a Foreign Language (TOEFL), the Test of English for International Communication (TOEIC) or the International English Language Testing System (IELTS) and submitting the score report. TOEFL, TOEIC and IELTS score reports must be dated within two years of enrollment in this University. Photocopies are accepted.

## REQUIRED DOCUMENTS

- |                                    |                                                                                                                                                                                                                                                                                                                                                                                                       |
|------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1 Application Form</b>          | Fill out the attached application form designated by University of Tsukuba. Please select which program and term you wish to apply.                                                                                                                                                                                                                                                                   |
| <b>2 Reference Form</b>            | Applications will be considered with academic references. Reference form should be accompanied with at least one letter of recommendation.                                                                                                                                                                                                                                                            |
| <b>3 Picture</b>                   | Attach a picture of yourself taken within three months, facing forward without hat on the Application Form Size: 4 cm x 3cm (h x w).                                                                                                                                                                                                                                                                  |
| <b>4 Application Fee</b>           | 30,000 yen (will not be charged to the applicants with Japanese Government Monbukagakusho Scholarship). Payment by credit card is available at:<br><br><a href="https://e-shiharai.net/english/?schoolcode=OPU5100850000000">https://e-shiharai.net/english/?schoolcode=OPU5100850000000</a><br><br>Due by application deadline.                                                                      |
| <b>5 Certificate of Graduation</b> | Submit a certificate which fulfills our qualification requirements, Normally from the University/College (or the department) where degree was awarded.                                                                                                                                                                                                                                                |
| <b>6 Transcript</b>                | All applicants are required to provide evidence of their academic qualifications for the application. Submit a transcript of the school, which fulfills our qualification requirements, normally from the university (or the department) where a degree was awarded. If you are a transfer student, submit transcripts from both schools, before and after the transfer from your current University. |

- |                                       |                                                                                                                                            |
|---------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| <b>7 English Language Proficiency</b> | If English is not your first language, submit your TOEFL, TOEIC or IELTS score report.<br>Photocopies are accepted.                        |
| <b>8 Photocopy of your passport</b>   | ※ If you do not have a passport yet, you are required to submit Family Register or Certificate of Citizenship issued by your home country. |

## APPLICATION PROCEDURE

Please verify all the documents carefully and submit the documents to:

Academic Service Office for the Medical Sciences Area University of Tsukuba  
1-1-1 Tennodai, Tsukuba, Ibaraki 305-8575, Japan

Please use the attached recommendation letter form. The letter may be sent from the referee as an e-mail attachment or with the application forms in a sealed envelope.

Information about Exam will be issued by e-mail when the application documents are accepted.

Applicants must contact their prospective supervisor about the specialized research field in advance.

<Please refer to attached list of Faculty for information (of the program) about the research fields.>

Application Period: Please refer to our web page for the application deadline.

## SELECTION METHOD

Selection will be based on (a) Academic records (b) Oral examination (c) English proficiency during the interview. Prospective applicant will be contacted by e-mail after the preliminary screening based on the submitted documents. Date and location of an interview will be arranged. Oral examination will be conducted online as a general rule.

## ADMISSION PROCEDURE

Succeed applicants will receive an instruction on the admission procedure by e-mail. An official letter from the University of Tsukuba will be sent by mail.

## TUITION AND FEES

Admission Fee: 282,000 yen (will not be reimbursed once received).

Tuition Fee: First Half of Academic Year (April - September): 267,900 yen

Second Half of Academic Year (October - March): 267,900 yen

\*Tuition Fees Amount: 535,800 yen annually

*\*Applicants are advised to make a sufficient financial plan for their tuition fee and living expenses in Japan.*

*Both tuition and admission fee are waived for applicants with Japanese Government (Monbukagakusho) Scholarship.*

## NOTES

- 1) Application that is incomplete will not be processed.  
Validation seals of the institution are required on the copies of Certificate of Graduation and Academic Transcript.
- 2) Application documents will not be returned to the applicants.
- 3) The inquiries about the result of Achievement Test are not accepted.
- 4) Please contact the Academic Service Office of further questions on admission or application procedure.  
E-mail: iga-in@un.tsukuba.ac.jp.

# Application Form for Master's Program

## Master's Program in Public Health

Graduate School of Comprehensive Human Sciences, University of Tsukuba



PLEASE PRINT OR TYPE ALL SECTIONS

### 1. APPLICATION FOR: Spring (April), 2023

☐ Master's Program in Public Health (Two-years; including Japanese applicant living abroad)

### 2. PERSONAL DATA

Family Name \_\_\_\_\_ Middle Name \_\_\_\_\_  
First Name \_\_\_\_\_ Title (Mr./Ms./Dr., etc.) \_\_\_\_\_  
Nationality \_\_\_\_\_ Date of Birth (d/m/y) \_\_\_\_\_  
Address \_\_\_\_\_  
Postal code \_\_\_\_\_  
Telephone \_\_\_\_\_ Mobile \_\_\_\_\_  
E-mail \_\_\_\_\_

### 3. PROPOSED STUDIES

List the 2<sup>nd</sup> and 3<sup>rd</sup> choices in case the 1<sup>st</sup> choice is not selected.

|                          | Research Field | Supervisor |
|--------------------------|----------------|------------|
| 1 <sup>st</sup> choice : | _____          | _____      |
| 2 <sup>nd</sup> choice : | _____          | _____      |
| 3 <sup>rd</sup> choice : | _____          | _____      |

### 4. DEGREE OR DIPLOMAS AWARDED OR TO BE AWARDED

| University / College | Degree<br>(AA, BA,<br>MSc, etc.) | Major | Course Dates<br>(month/year) | Conferred or<br>expected date<br>(month/year) |
|----------------------|----------------------------------|-------|------------------------------|-----------------------------------------------|
| _____                | _____                            | _____ | _____ to _____               | _____                                         |
| _____                | _____                            | _____ | _____ to _____               | _____                                         |
| _____                | _____                            | _____ | _____ to _____               | _____                                         |
| _____                | _____                            | _____ | _____ to _____               | _____                                         |

### 5. EMPLOYMENT HISTORY

| Name and Address of employer<br>(including country) | Type of Contract<br>(fixed, temporary or<br>permanent) | Position | Dates<br>(month/year) |
|-----------------------------------------------------|--------------------------------------------------------|----------|-----------------------|
| _____                                               | _____                                                  | _____    | _____ to _____        |
| _____                                               | _____                                                  | _____    | _____ to _____        |
| _____                                               | _____                                                  | _____    | _____ to _____        |
| _____                                               | _____                                                  | _____    | _____ to _____        |

## 6. LANGUAGE

First Language \_\_\_\_\_ Other Language \_\_\_\_\_

English Language Test Taken  
(e.g. TOEFL, IBT)

Date of Test  
(month/year)

Overall  
Score

Written  
Score

|       |       |       |       |
|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Official copy of English language proficiency test must be sent to the Registrar office when the results are available.

## 7. LETTER OF RECOMMENDATION

If you have research experience in academic institutions during the past 5 years, you are required to obtain letters of recommendation from faculty who is familiar with your study. If you have any work experience, the second recommender should be from your employer. If you have no record of employment, the second recommender should be from another academic.

### FIRST RECOMMENDER

Name \_\_\_\_\_ Position \_\_\_\_\_  
Address \_\_\_\_\_  
Tel \_\_\_\_\_ Fax \_\_\_\_\_  
E-mail \_\_\_\_\_

### SECOND RECOMMENDER

Name \_\_\_\_\_ Position \_\_\_\_\_  
Address \_\_\_\_\_  
Tel \_\_\_\_\_ Fax \_\_\_\_\_  
E-mail \_\_\_\_\_

YOU SHOULD SEND YOUR REFERENCES IN A SEALED ENVELOPE WITH YOUR APPLICATION FORM

You should send your reference letter in a sealed envelope with your application forms or ask the recommender to send it directly to the International Office at the University of Tsukuba, Medical Branch.

## 8. FINANCIAL PLAN (Applicant for Dual Master's Program do not need to complete this section)

### Who is paying your tuition?

- ☐ I will pay my own fees.  
☐ I have been awarded for sponsorship. I will send an original document to Registrar and complete the details below.  
☐ I have applied for sponsorship. Decision expected (month/year) \_\_\_\_\_

NAME & ADDRESS OF SPONSOR

AMOUNT OF AWARD

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

### Who is paying your living costs?

- ☐ I will pay my own fees.  
☐ I have been awarded sponsorship. I will send an original document to Registrar and complete the details below.  
☐ I have applied for sponsorship. Decision expected (month/year) \_\_\_\_\_

NAME & ADDRESS OF SPONSOR

AMOUNT OF AWARD

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

***I certify that the statements on this form are correct and complete. I certify that I will not be concurrently registered for another Degree of the University of Tsukuba. I understand that, if admitted to the University, the University will not be able to provide any financial assistance. To be signed and date by applicant.***

Signature \_\_\_\_\_

Date: \_\_\_\_\_

## Field of Study & Study Program

(1) Describe your current field of study:

(2) Describe your study and research you plan to pursue (use additional pages if necessary) :

## TO THE APPLICANT: APPLICANT DETAILS

Program applied for: \_\_\_\_\_

What is your relationship with the applicant? (e.g. student/employee) \_\_\_\_\_

E-mail \_\_\_\_\_ Telephone \_\_\_\_\_

[illegible]

## COMMENTS

We would appreciate your comments on the applicant's qualifications for graduate study in the space below. If you prefer writing with a separate recommendation letter, or need additional space, please use official letterhead stationery and mark a cross this part.

## OVERALL RECOMMENDATION

Please select one of the following:

- ☐ I strongly recommend this applicant for the program of study
- ☐ I recommend the applicant for the program of study
- ☐ I do not recommend the applicant for the program of study
- ☐ I am unable to comment

Signature \_\_\_\_\_

Date \_\_\_\_\_

**Thank you for completing this form. Please sign above and enclose this form in an envelope, seal it and return it to the applicant or send directly to the address below. You may also e-mail the signed form to [iga-in@un.tsukuba.ac.jp](mailto:iga-in@un.tsukuba.ac.jp).**

Academic Service Office for the Medical Sciences Area  
University of Tsukuba  
1-1-1 Tennodai, Tsukuba, Ibaraki 305-8575, Japan

(外国人出願者用)  
(for foreign applicants)

履 歴 書  
Curriculum Vitae

|                                                                                                             |                                    |                                             |                                |                                                                         |                                                                    |                                   |                                 |                    |                                           |                            |  |
|-------------------------------------------------------------------------------------------------------------|------------------------------------|---------------------------------------------|--------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------|---------------------------------|--------------------|-------------------------------------------|----------------------------|--|
| 氏 名                                                                                                         | フリガナ                               |                                             | 男 (M)<br>・<br>女 (F)<br>Sex     | 生 年 月 日<br>Date of Birth                                                | 年 月 日                                                              | 年 齢<br>Age                        |                                 | 国 籍<br>Nationality |                                           | 在 留 資 格<br>Resident Status |  |
|                                                                                                             | ローマ字                               |                                             |                                |                                                                         |                                                                    |                                   |                                 |                    |                                           |                            |  |
|                                                                                                             | Family name First Name Middle Name |                                             |                                |                                                                         |                                                                    |                                   |                                 |                    |                                           |                            |  |
| 学 校 教 育<br>Education                                                                                        |                                    | 学 校 名 ・ 所 在 地<br>Name and Address of School |                                | 正 規 の 修 学 年 数<br>Officially Required<br>Number of Years of<br>Schooling | 入 学 及 び 卒 業 年 月<br>Year and Month of<br>Entrance and<br>Completion | 修 業 年 数<br>Period of<br>Schooling | 専 攻 科 目<br>Major Subject if any |                    | 学 位 ・ 資 格<br>Diploma or Degree<br>Awarded |                            |  |
| 初 等 教 育<br>Elementary Education<br>小 学 校<br>Elementary School                                               |                                    | 学校名<br>Name<br>所在地<br>Location              |                                | 年<br>yrs                                                                | 入学<br>from<br>卒業<br>to                                             | 年<br>yrs                          |                                 |                    |                                           |                            |  |
| 中 等 教 育<br>Secondary Education<br>中学及び高校<br>Secondary School                                                |                                    | 中学<br>Lower                                 | 学校名<br>Name<br>所在地<br>Location | 年<br>yrs                                                                | 入学<br>from<br>卒業<br>to                                             | 年<br>yrs                          |                                 |                    |                                           |                            |  |
|                                                                                                             |                                    | 高校<br>Upper                                 | 学校名<br>Name<br>所在地<br>Location | 年<br>yrs                                                                | 入学<br>from<br>卒業<br>to                                             | 年<br>yrs                          |                                 |                    |                                           |                            |  |
| 高 等 教 育<br>Higher Education<br>大 学<br>Undergraduate Level                                                   |                                    | 学校名<br>Name<br>所在地<br>Location              |                                | 年<br>yrs                                                                | 入学<br>from<br>卒業<br>to                                             | 年<br>yrs                          |                                 |                    |                                           |                            |  |
| 高 等 教 育<br>Higher Education<br>大 学 院<br>Graduate Level                                                      |                                    | 学校名<br>Name<br>所在地<br>Location              |                                | 年<br>yrs                                                                | 入学<br>from<br>卒業<br>to                                             | 年<br>yrs                          |                                 |                    |                                           |                            |  |
| 以上を通算した全学校教育就学年数<br>Total Number of Years of Schooling as given Above                                       |                                    |                                             |                                | 年<br>yrs                                                                | TOTAL                                                              | 年<br>yrs                          |                                 |                    |                                           |                            |  |
| 休学等、在籍中に修学を中断した期間（理由）<br>from 年 yr., 月 mon. ~ to 年 yr., 月 mon. (Periods of interruption of studies, if any) |                                    |                                             |                                |                                                                         |                                                                    |                                   |                                 |                    |                                           |                            |  |

|                                                         |                                           |                  |               |                                 |            |
|---------------------------------------------------------|-------------------------------------------|------------------|---------------|---------------------------------|------------|
| 研 究 歴<br>Research<br>Activities<br>(研究生の<br>経歴を含<br>む。) | 研 究 機 関 名<br>Name of Research Institution | 所 在 地<br>Address | 身 分<br>Status | 研 究 期 間<br>Duration of Research | 年 数<br>yrs |
|                                                         |                                           |                  |               | ~                               |            |
|                                                         |                                           |                  |               | ~                               |            |
|                                                         |                                           |                  |               | ~                               |            |

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# Graduate School of Comprehensive Human Sciences

## Degree Programs in Comprehensive Human Sciences

Choose your prospective research fields from the list below and write the names in the “Supervisor” section on the application form. You can choose up to three research fields. As a general rule, you will be assigned to a research group during the process of selecting students for admission, so please choose carefully. It is hard to determine the exact details of your prospective group’s research solely from the research themes listed below. To avoid writing your master’s thesis on a different research topic from the one you had in mind, be sure to contact the supervisor in the field of your choice. Also, if you have any questions, please consult with the following person about your choice.

For guidance, contact:

**【Master’s Program in Public Health】** Wagatsuma Yukiko, Chair, Master’s Program in Public Health, Graduate School of Comprehensive Human Sciences, University of Tsukuba

Phone: 029-853-3007

FAX: 029-853-3483

E-mail: frontier@md.tsukuba.ac.jp

### 〈Master’s Program in Public Health〉

| Research Area                                                               | Faculty                        | Research                                                                                                                                                                                                                                                                                                                                                        |
|-----------------------------------------------------------------------------|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Occupational Psychiatry / Space Psychiatry                                  | 松崎 一葉<br>MATSUZAKI<br>Ichiyo   | ①A study of the strong qualities unexpectedly in space<br>②Salutogenesis and Sense of coherence<br>③Nature based Rehabilitation                                                                                                                                                                                                                                 |
| Primary Care and Medical Education                                          | 前野 哲博<br>MAENO<br>Tetsuhiro    | ①Clinical research in primary care<br>②Development of community-based medical System<br>③Health promotion in the community<br>④Clinical medical education                                                                                                                                                                                                       |
| Public Health Medicine                                                      | 山岸 良匡<br>YAMAGISHI<br>Kazumasa | Preventive measure of lifestyle-related diseases in communities and its evaluation                                                                                                                                                                                                                                                                              |
| International Community Care and Lifespan Development: Empowerment Sciences | 安梅 勅江<br>ANME Tokie            | ①Community empowerment<br>②Plasticity of lifespan development and implications<br>③System sciences for health social services                                                                                                                                                                                                                                   |
| Gerontological Nursing & Caring                                             | 橋爪 祐美<br>HASHIZUME<br>Yumi     | ①Gender issues and Japanese family caregiving, Interpersonal support for the middle-aged couple<br>②Caring the formal caregivers who take care of the relatives<br>③Toyamagata day service<br>④Community care in Mongolia<br>⑤Family caregiving by foreign bride and Japanese husband<br>⑥Qualitative research method (Grounded theory approach) , mixed method |
| Livelihood Support Science                                                  | 水野 智美<br>MIZUNO Tomomi         | ①Barrier-free<br>②Child care and guardians’ support<br>③Understanding persons with special needs                                                                                                                                                                                                                                                                |

|                                         |                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-----------------------------------------|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Health Services Research                | 田宮 菜奈子<br>TAMIYA Nanako    | ①Health Services Research (clinical medicine, long-term care, prevention services)<br>②Cooperation of medical care and welfare in the local community<br>③Policy evaluation of the long-term care insurance system<br>④Study for the improvement of the quality of in-home care and facility care for older people and people with disability<br>⑤Public Health based on legal medicine (older people, child abuse, solitary death, actual state of service-related death, etc.) |
| Epidemiology                            | 我妻 ゆき子<br>WAGATSUMA Yukiko | ①Principles and methods in epidemiology and their applications<br>②Medical statistics and medical information science<br>③Epidemiology for diseases<br>④Methods of clinical trials<br>⑤Strategy to control diseases                                                                                                                                                                                                                                                              |
| Biostatistics                           | 五所 正彦<br>GOSHO Masahiko    | ①Developments of novel statistical methods for medical researches<br>②Evaluations of the performance of statistical methods<br>③Database studies                                                                                                                                                                                                                                                                                                                                 |
| Social Psychiatry & Mental Health       | 斎藤 環<br>SAITO Tamaki       | ①Asocial problem behaviors in childhood and adolescence<br>②Development disorder and maladaptation<br>③Rehabilitation of people with mental disorder<br>④Dialogical practice (Open Dialogue)                                                                                                                                                                                                                                                                                     |
|                                         | 森田 展彰<br>MORITA Nobuaki    | ①Mental health of victims, Psychotherapy<br>②Intervention and treatment for family violence (Child abuse, Domestic violence, elder abuse and parent abuse by children)<br>③Recovery of addiction (Substance use disorder, gambling disorder and internet dependence)<br>④Forensic psychiatry, Criminology                                                                                                                                                                        |
| Global Public Health                    | 市川 政雄<br>ICHIKAWA Masao    | ①Global health research<br>②Community design & health<br>③Injury prevention & control                                                                                                                                                                                                                                                                                                                                                                                            |
|                                         | 堀 愛<br>HORI Ai             | ①Socio-economic disparity and countermeasure for infectious disease<br>②Health impact assessment on new tobacco<br>③Health checkup among workers, workers' cohort study<br>④Occupational health for healthcare workers                                                                                                                                                                                                                                                           |
| Health Care Policy and Health Economics | 近藤 正英<br>KONDO Masahide    | ①Application of economics for health care<br>②Health care policy research<br>③Global health economics                                                                                                                                                                                                                                                                                                                                                                            |