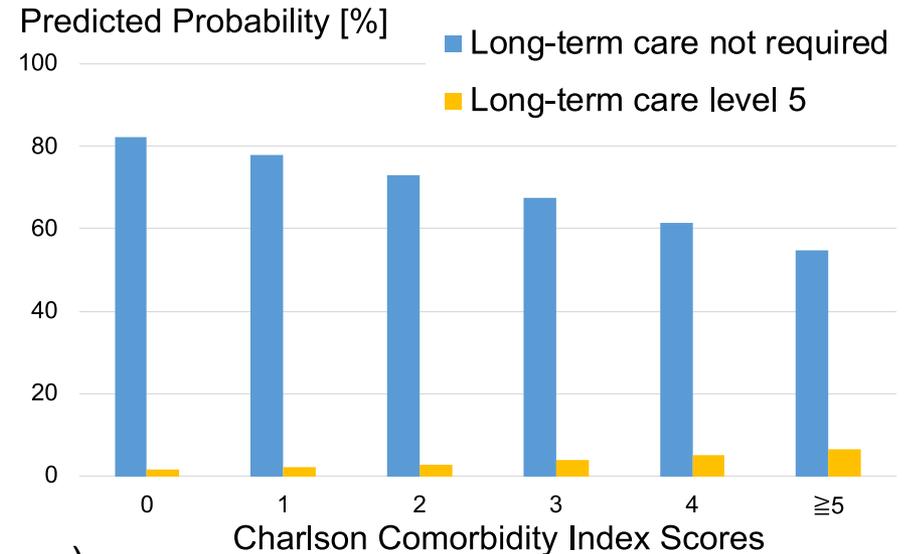


# The Associations of Multimorbidity with the Sum of Annual Medical and Long-Term Care Expenditures in Japan

	The sum of expenditures (n=29,915)	
	coefficient	p value
CCI Scores	¥257,000 (\$2920)	<0.001

CCI: Charlson Comorbidity Index



The occurrence of multimorbidity (i.e., the coexistence of multiple chronic diseases) increases with age in older adults and is a growing concern worldwide.

We examined the associations of multimorbidity (using Charlson Comorbidity Index as a proxy) with the sum of medical and long-term care expenditures.

The economic burden on society caused by multimorbidity could be better evaluated by the sum of medical and long-term care expenditures, rather than medical expenditures alone.

Reference: Mori et al., *BMC Geriatrics* 19, 69 (2019).

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